

入院診療計画書(Critical Path)

Unit: E-3

Name of Patient: Ms. _____

Diagnosis : Normal Labor ver.6.2

Date: / /

MD: _____ Midwife: _____ Patient: _____ Significant others (relationship to the patient: _____): _____

	Admission (before labor)	In the labor room	after the delivery	1day after the delivery	2days after the delivery	3days after delivery	4days after the delivery ~ discharge day
Activity Discharge	<ul style="list-style-type: none"> You are able to walk freely in the unit. If your water has broken, please remain in your room. 	<ul style="list-style-type: none"> You will be lying on delivery bed until the delivery. 	<ul style="list-style-type: none"> You will be able to go back to your room 2 hours after the delivery, if there is no abnormal sign. You will be staying in your bed 6 hours after the delivery. Your midwife will assist you to walk for the first time. You will be able to walk freely in the hospital after making sure that you walk safely. 		<ul style="list-style-type: none"> You are able to walk freely in the hospital 		
Meals	<ul style="list-style-type: none"> Maternity meal 	<ul style="list-style-type: none"> You are able to have a little snack or drink. 	<ul style="list-style-type: none"> You are able to eat or drink after you are back to your own room. 	<ul style="list-style-type: none"> Maternity meal 			
Medications IV, Drips	<ul style="list-style-type: none"> There may be medications prescribed or drips given depending on your physical condition. If you have medications which you take regularly, please let your midwife know. 	<ul style="list-style-type: none"> IV drip Take your medication as prescribed 	<ul style="list-style-type: none"> IV drips will be removed, if there is no abnormal findings. You will start taking the oral antibiotics after going back to your room. The antibiotics will be prescribed for 4 days. 				
Labs	<ul style="list-style-type: none"> Fetal heart beat monitors will be attached. Blood test may be done, if it is necessary. Blood pressure, Pulse, body temperature will be taken. 				<ul style="list-style-type: none"> Blood pressure will be taken at 7 a.m. Urinalysis (A paper cup will be given a day before.) Please put your first urine. Be careful not to have any blood in urine. 	<ul style="list-style-type: none"> Blood test. Medication may be prescribed when you are anemic. 	<ul style="list-style-type: none"> In the morning of your discharge date, your temperature, pulse and blood pressure will be taken. You will be weighed.
Medical treatments	<ul style="list-style-type: none"> There may be vaginal exams, if it is necessary. 			<ul style="list-style-type: none"> Midwife will check and sterilize your wound in the morning. If there is no abnormal finding, you will be able to take a shower. 			<ul style="list-style-type: none"> Echogram, if necessary. Stitches will be removed. Your doctor will examine you before your discharge. Please decide the time of discharge in advance. (Please plan it between 11:00 and 15:00.) If you wish to use "Karugamo" service, please let your nurse or unit clerk know.
Shower Bathing	<ul style="list-style-type: none"> You are able to take a shower. If your water breaks, bed bath may be given with a hot towel. 		<ul style="list-style-type: none"> Bed bath is provided with warm towel before going back to your own room. 	<ul style="list-style-type: none"> You are able to take a shower. 			
Bath room	<ul style="list-style-type: none"> Bath room privileges. 	<ul style="list-style-type: none"> Urinal catheterization may be done, if necessary 	<ul style="list-style-type: none"> You are able to walk to bathroom after 2 hours from the childbirth. 	<ul style="list-style-type: none"> Bathroom privileges. Sterilize your genitalia with sterilized cotton while bloody vaginal loss lasts. 			
Education			<ul style="list-style-type: none"> The midwife will explain about the medication you are going to take, how to sterilize you genital, and schedules afterwards. 	<ul style="list-style-type: none"> The midwife will explain you about breast feeding. Your baby will start to be with you in the same room. 	<ul style="list-style-type: none"> Mondays, Thursdays 13:00~ Baby bathing class (for mothers who wish to take the class, or who have a first baby). Tuesdays, Fridays 13:15~ Bottle feeding class (for mothers who wish to take the class, or who have a first baby). 	<ul style="list-style-type: none"> Your midwife will explain you about life after your discharge. (for mothers who wish to take the class, or who have a first baby) 	<ul style="list-style-type: none"> Private baby bathing class. (for the mother who wishes to take the class or who has delivered her first baby)
Baby			<ul style="list-style-type: none"> The baby will be weighed and bathed every morning. K2 syrup will be given to the baby on his/her first day. The pediatrician will see your baby for the health check. The baby will have his/her hearing test given. 				<ul style="list-style-type: none"> Small amount of blood will be taken from his/her heel for the screening examination of inborn error of metabolism. K2 syrup will be given to the baby again.
Breast feeding Baby care				<ul style="list-style-type: none"> The midwife will explain you how to breast massage. 		<ul style="list-style-type: none"> The midwife will explain you how to pump milk. 	
Explanation to you and your family	<ul style="list-style-type: none"> We will explain you about your schedule in hospital, things you need to prepare, labs, and overall process about natural labor. She will be guiding and helping you so that you will achieve a safe and comfortable delivery. 	<ul style="list-style-type: none"> If your husband wants to be with you during labor, the midwife in charge will explain about some precautions before entering the room. 	<ul style="list-style-type: none"> Visiting hour: 13:00 to 20:00. Please visit the nurse station first. We may ask to wait until the breast-feeding room becomes vacant. 				

1) This plan is made upon your first diagnosis. Delivery course may vary from person to person. Please do not worry if you do not exactly follow the pathway.

2) The time of some classes may differ from as it is planned above.